



Cork Training Centre - Joining Instructions

Address: Building 6500, Unit E, Cork Airport Business Park, Kinsale Road, Cork.



- Once you enter the Airport from the roundabout on the Kinsale Road, pass through the next roundabout (don't take Gate 1 into the Business Park) and then turn right (second exit) at the second roundabout to enter the Business Park – at Gate 2.
- Passing the security hut on the left at Gate 2 you continue straight on until you reach a small roundabout in front of the International Hotel (on your left), then turn right.
- Once you turn right, Building 6500 is the 2nd left turn. This takes you into the car park for 6500. Professional Training are in Unit E, on the far left corner of the Building from the car park. Parking spaces can generally be found at the lower end of the car park, furthest from the building (still less than 100m). The spaces are not allocated. Our office is on the ground floor on the left side of Building 6500.
- If you are **travelling by bus**, get off at the stop outside Amazon and you are just across the road from Building 6500.



By Bus:



[Bus Éireann](#), Ireland's national bus company, provides a regular Air Coach bus service from Cork Airport to Cork's Parnell Place Bus Station throughout the week.

Route 226A Kent Station – Bus Station - Cork Airport

Route 226A will provide customers with a half hourly service from Kent Station via Bus Station to Cork Airport / Airport Business Park, the first Bus departs Parnell Place, Bus Station at 05:05 and the last bus departing Cork Airport will be 00:30.

Route 226 Kent Station – Bus Station – Cork Airport/Business Park - Kinsale

Route 226 will replace the current Route 249 timetable from Cork (Bus Station) to Kinsale. Route 226 will operate from Train Station – Bus Station - Cork Airport / Airport Business Park - Riverstick – Belgooly – Kinsale, giving customers an hourly service from Cork City / Cork Airport to Kinsale.

The first departure from Cork City (Monday to Saturday) will be 0600, the last bus departing Cork City will be 2200, (on Sunday the first bus will depart at 0700).

The first departure from Kinsale (Monday to Saturday) will be 0700 and the last bus departing Kinsale will be 2300, (on Sunday the first bus will depart Kinsale at 0800).

The newly improved Route 226/226A will provide 62 services daily between Cork City and Cork Airport, giving customers a wider choice of services to avail of and connecting the 3 main Transport Hubs in Cork, (Bus Station, Train Station and Cork Airport). Route 226 gives customers travelling to Kinsale a more frequent service and additional late services from Kinsale.



[Skylink](#) has coaches departing Cork Airport every 30 minutes connecting with over 30 city hotels, guest houses and city centre locations. The coaches depart from outside the Arrivals Hall every 30 minutes, 7 days a week.

Ticket Prices:

Single Journey €5 Airport return €8

Tickets can be purchased from Skylink ticket agents at the airport or on board the coaches.



By Taxi:

The cost from Cork Airport to the City Centre and the central bus and railway stations is between €12.00 and €16.00 approximately.

By Rail:



[Iarnrod Eireann](http://www.irishrail.ie), Ireland's national train company operates from Cork's Kent Train station and is located on the Lower Glanmire Road, north of the River Lee, less than 10 minutes walk from the city bus station. Bus Eireann provides a regular Air Coach bus service from Cork's Parnell Place Bus Station to Cork Airport throughout the week. Distance to the Airport is just 8 kilometres.

Connections to all major rail-linked towns and cities can be made from Kent Station.

Arrival at Professional Training

Course Times:

The start time on your first day is 9.30am. We would ask that you arrive between 9.00 – 9.20 so that you can familiarise yourself with the training centre. Please help yourself to tea and coffee, which are available at the coffee station in the breakout area.

Please be sure to arrive at the training venue promptly for each session.

Your instructor will provide you with the necessary course documentation, writing pad, pen etc.

Lunch:

A sandwich lunch will be provided in-house each day. Should you have any special dietary requirements please inform your instructor.



Accommodation local to Professional Training:

Hotels:



Radisson SAS Hotel Tel: +353 (21) 494 7500
Cork Airport, Kinsale Road, Cork
Email: info.airport.cork@radissonsas.com
Website: www.radissonsas.com



Cork International Airport Hotel, Cork Airport, Cork
T: +353 (0)21 454 9800 F: +353 (0)21 454 9999
Email: info@corkairporthotel.com
Web: www.corkinternationalairporthotel.com



Travelodge Cork Airport Tel: +353 (21) 4310722
Kinsale Road Roundabout, Airport Road, Cork
Email: cork@travelodge.ie
Web: <http://www.travelodgecorkairport.com>

These are only intended as a guide. Inclusion does not mean recommendation and Professional Training cannot accept responsibility for the level of service provided by these hotels.

Emergency Procedures

It is your responsibility to ensure that you understand the emergency procedures governing fire and bomb alerts. Please ask for clarification if you are in doubt. Below are the important points to remember.

- Leave the building using only the designated escape route
- Do NOT stop to collect personal items
- Do NOT use the lift
- Do NOT smoke, enter underground car parks, or start engines
- Do NOT remain in the building
- Do NOT attempt to re-enter the building until the Fire Officer has given authority to do so.

Medical Procedures

If you are taken ill or suffer an injury during your course, please inform your instructor or course registrar. We have a trained First Aid officer who will assist you in any way possible.